

Presidents' Message

Happy New Year, Alpha Upsilon Sisters!

"With the new year, comes new strength and new thoughts." Eleanor Roosevelt

We hope everyone had a joyous and relaxing holiday season. Our November meeting was well attended, and six ladies joined the hike up to Owen Brown's gravesite the following Saturday morning. Thank you, **Judi Healey**, for finding Michele Zack as our speaker and YOU as our hiking master. A big thank you to all the members who attended our Holiday Party for CASA. Thank you, **Robin Williams**, for opening your home to all of us, and thanks to the members of her refreshment committee for providing delicious food and drink! Could you believe all the items we had to choose from to put our raffle tickets towards? Cheers to **Susie Vernand** for organizing, and with all her little helpers, for carrying out holiday cheer at Hillside. A final thanks to **Jan Tappan** and her mini grants committee. Applications were due the beginning of December. Locate more information about this in Jan's article located on **page 4**.

A huge thank you to all who have registered for the Area XIII Conference scheduled for Saturday, February 4, at Cal Poly. It's only a month away, so please register now if you haven't already. Thanks to our conference basket trio, **Kathy Cockerill**, **Betsy Bazarich**, and **Christine Werner**, for preparing our AU baskets for the conference raffle! AND speaking of the Area XIII Conference, you may be asking WHO is our Outstanding Chapter Member? The secret is out! **Look on page 3** to discover that answer!

Please join us at the first meeting of 2023 which is Wednesday, January 11 at Christine Werner's home.

**Willy Crouse and Karen Gollhardt,
Co-Presidents**

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**DKG Vision: Leading women educators
impacting education worldwide.**



**DKG California
2021-2023
Theme:
Invitation
to a New
Beginning**

**DKG California
Educational, Professional,
Making an Impact**

January: Encouraging Women to STEAM Ahead!

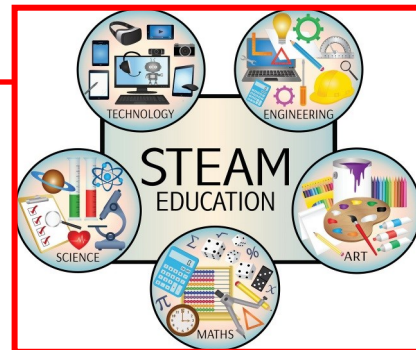
First Meeting: Wednesday, January 11

Time: 4:00 p.m.

Place: Home of Christine Werner

4759 La Cañada Blvd., La Cañada

Program: The World of Robotics (STEM International Space Academy)
Dr. Amy Nespore, Neuro Scientist and Teacher



If you care about STEM, if you care about young women becoming engaged in science, and/or if you have a special interest in the success of kids with learning disabilities, you will enjoy our kick-off speaker for 2023.

Herself a person with dyslexia and dyscalculia, Amy Nespore went on to earn a doctorate in neuroscience. Now the wife of a JPL scientist and the mother of two teens, she has embraced this rich time of life. She is co-director of The International Space Academy and wrote the curriculum for a 10-week Space Entrepreneurship conducted at JPL. For six years Amy was science coordinator for La Cañada Unified. For four years she has been the Science Olympiad coach for the district's middle school. She has been the advisor for Women in STEM and Students for STEAM in La Cañada. And this year, she is also embracing her first year of full-time teaching at St. Francis. (Her hands-on approach to learning reminds me of those of my favorite DKG science teacher, Robin Williams.)

RSVP to Karen Wilcoxon for this meeting

Annual CASA Fundraiser was a Resounding Success!



This year's Holiday Party made up for the few we had to do on line in the past few years. It was the biggest raffle ever – truly thousands of items!!! I know everyone left with extraordinary bargains and treasures.

The party certainly met all of our goals as a chapter. **First**, members and husbands had a lot of fun and ate great food (**Big** thanks to the committee) and conversation. **Second**, we raised money for CASA (see Donna's report). **Third**, we upheld the environmental ideals of Reducing, Recycling and Reusing. Many of you took advantage of this opportunity to reorganize your storage areas and that helped create a sense of serenity! Finally, we supported community charities by dropping off items left at the end of the party. The Hoving Home, The Boys Republic Thrift Store and the Altadena and Pasadena Senior Center were thrilled to receive our donations.

In my mind, the spirit of Christmas began when you all came together at my home to celebrate the season as well as our amazing chapter. Happiest of Holidays to you all!

Robin Williams
Hostess Extraordinaire

Happy Birthday to....



January

12—Laura Castagnari

13—Houry Mandijikian

Alpha Upsilon Salutes—



Congratulations to **Connie Hanson** as Alpha Upsilon's Outstanding Chapter Member for 2023!

A member since 2015, Connie has served Alpha Upsilon in several capacities including co-president during the 2018-2020 biennium. Connie is one of those quiet,

gentle workers that gets the job done. She welcomes everyone at meetings with a smile and kind words. She is very positive woman who quietly supports and participates in several of our chapter's activities. She has helped with Hillside, and is currently keeping us abreast of current legislation and educational policies. A real gem! **Congratulations, Connie!!!**

Membership News



What a fun holiday party we had! Thank you so much to Robin Williams for hosting us, to Penny Schopflin for all her help getting the raffle items set up, to Kathy Cockerill for coordinating the refreshments and to everyone who provided all those delicious tidbits! Could you believe Ana Haskins charcuterie boards? True works of art.

Enjoying our time together at the holiday party is truly what makes our membership special. It's a time to relax, catch up and get to know others better. I'm just sorry not everyone could be there, but it is a BUSY time of year.

We had twenty-six members, one guest and assorted spouses and partners join us. Congratulations to everyone who successfully bid on one or more of the great items available. I would personally like to thank who ever donated the hoop earrings and the square ones in black and gold. Just the additions I needed in my jewelry box!

Many of you told me how much you enjoyed Mom's Cheese Ball. Here's the recipe for anyone who would like it:

MOM'S BLEU CHEESE BALL

1/2 Stick butter or margarine, softened
8 ounce package cream cheese, softened
8 ounce package bleu cheese, crumbled
4 1/2 ounce can chopped black olives, drained
Tablespoon minced chives or green onions

Mix all ingredients well – I use my hand mixer to cream the cheeses and butter together and then blend in the olives and chives/onions

Spray small bowl with Pam (or other non-stick spray).

Press mixture into bowl, pressing out "air bubbles."

Chill until firm.

Turn out morning of use, or shortly before use.

Sprinkle with chopped walnuts or almonds.

Mom used pecan halves, pressed into the ball.

Serve with crackers.

Makes 3 cups.

Ball can be made 2 – 3 days before use and kept refrigerated

I look forward to seeing everyone on January 11 for our first meeting of 2023.

Marty Unger

Second VP, Membership



Area XIII to Honor Our Own Pat Rabe!!

It is with pleasure and pride that we announce the 2023 Outstanding Area Member is Alpha Upsilon's own **Pat Rabe!!** Since her initiation in 2014, Pat has worked tirelessly for the chapter. She served as Co-President during the 2016-2018 biennium with Mary Linda Vandeveld. At the Area Level, her organizational skills have proved invaluable in organizing the Area Conference not once but THREE times!



Pat's talent for organizing large events stems from her many years of organizing high school proms. Pat's abilities have helped create excellent conferences. For two years, the conference was held at the Pasadena Nazarene Church, a new venue for Area XIII. As she does with everything, Pat produced an excellent event which first featured a prison chaplain as the main speaker. The next year, she retained the talents of Author Lisa See. The next time Pat would chair the conference was in 2021. Her skills were put to the test as this was during the pandemic and the Area could not meet in person. With assistance, she figured out how to do the conference virtually and it was excellent! Instead of one speaker, Pat called on the talents of several members to share personal stories or special programs for the classroom. This unique approach to a speaker provided interesting vignettes of members' strengths.

A resident of La Crescenta, Pat taught at the high school level in the Glendale Unified School District. She is always ready to let the chapter use her home for meetings. Pat shared her artistic talents by providing programs for the chapter such as jewelry making.

Alpha Upsilon salutes you with pride, dear **Pat!!**

Mini Grants Awarded!

The Beebe Nuetzman Mini Grant Committee was very pleased to consider 41 applications from the following school districts: Alhambra, Arcadia, Duarte (1 application, the teacher lives in Pasadena), Glendale, La Cañada, LAUSD, and Pasadena. Of the forty--one, 35 applications were fully or in partially funded. The total amount requested was \$17,383. **A total of \$14,000 in grants was awarded.** The successful applicants requested grants from these general categories: art (2), Computer software (2), Conferences (2), Cultural enrichment/Dual language (1), Science Field trip (1), Garden tools and materials supporting science standards (2), Headphones for in class computer use (3), History and social studies (2), Literacy materials including books (7), Math materials (1), Music, (ukulele) (1), PE (Cricket material-the sport, not the insect), Science (3), Social/Emotional Learning(5), and Sensory materials for TK (2).



The committee is delighted to be able to fund so many excellent projects and ideas. We look forward to seeing their reports in the spring newsletters.

Jan Tappan,
Chair, Mini Grant Committee

Plan NOW for the 2023 DkG California Convention



2023 DKG CA Convention

Save the Date
DKG California Convention 2023

Hyatt Regency San Francisco Airport Hotel
Burlingame, May 5-7, 2023

Shaping Tomorrow Together

Contact: Pamela Townsend
2023 Convention Arrangements Chair
pamelatownsenddkgca@gmail.com

The poster features a central graphic of a globe held by silhouettes of people, with a tree-like structure above it. To the right is a stylized illustration of the Golden Gate Bridge. The background is a light pink gradient.

Get ready to register for this annual event! REMEMBER Alpha Upsilon will pay for your registration (including convention meals) and your lodging.

Alpha Upsilon Opens Their Hearts and Checkbooks for CASA!!



Robin Williams once again opened her lovely home to DKG for the annual CASA Christmas party. Members who attended were treated to a festive table of delicious treats, twinkling lights and candles, a blazing fire and 7 rooms of donated items. It was fun to shop and then visit with others in the holiday atmosphere. The ladies of Alpha Upsilon and their friends and family were very generous. Alpha Upsilon chapter of DKG will donate \$1,330.00 to CASA this year. Thank you to all the hard workers who made it all possible and to the generous, caring members of Alpha Upsilon.

**Donna Larson,
CASA Chairman**



Treasurer's Report



Delta Kappa Gamma Society International
DKG California
Alpha Upsilon Chapter, Area XIII
Treasurer's Report



BALANCE ON HAND: November 1, 2022 \$ 7,077.20

RECEIPTS

Interest	\$.03	
Share certificate	\$ 1.99	
Area XIII Conference	\$25 x 13	\$ 325.00
Membership	\$85 x 1	\$ 85.00
Total receipts for November		+ 412.02
Total available		\$ 7489.22

DISBURSEMENTS

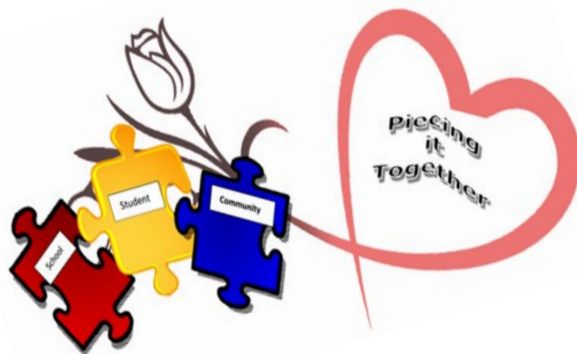
Gift certificates--4	\$25 x 3	\$ 125.00
	\$50 x 1	-- 125.00
Total disbursements for November		-- 125.00

BALANCE ON HAND: December 1, 2022 \$ 7,364.22

Still Time to Register!!

There is still to register for the Area XIII Conference on Saturday, February 4, 2023. Mail your check for \$25 payable to Alpha Upsilon (the registration form states the cost as \$40 but Alpha Upsilon is paying \$15 for each member who attends}. Complete the electronic registration form and then mail your check to Rose Gant. Let's have LOTS of members there to honor our 2023 Outstanding Chapter member, **Connie Hanson**, and the 2023 recipient of the Outstanding Service to Area XIII Award, our own **Pat Rabe**.

Conference flyer with registration information is at the end of this newsletter.



Minutes: November 17, 2022

DKG-Alpha Upsilon Minutes

November 17, 2022

St. Georges' Episcopal Church, La Cañada

4:35: Welcome and flag salute: President Willy Crouse

Willy gave thanks to the refreshment committee: Kim Frank, Laura Castagnari, Joyce Hamdan, Mary Lou Langedyke, Pat Rabe.

Inspiration: Willy quoted Mahatma Gandhi: "Lead from the heart not the head." and "The happiness of your life depends on the quality of your thoughts."

Purpose: Karen Gollhardt pointed out that today's meeting would be supporting Purpose #1 To unite women educators in genuine spiritual fellowship and Purpose #7 To inform the members of current social, political issues so they may participate effectively in world society.

Program: Judi Healey introduced Michelle Zack, author, historian, and chairperson of the Owen Brown Gravesite Restoration Project, as the speaker. Follow-up hike to John Brown's grave will be on Saturday, November 19th, 4323 El Prieto Drive, Altadena.

Meeting:

October minutes approved with no corrections.

Treasurer's Report: Rose Gant – Balance is \$7,077.23 as of October 31.

Mini Grants (\$200-\$500) application deadline is November 30th. Public school teachers in the area may apply. Approximately \$14,000 is available to be disbursed.

Holiday Party on December 4th at Robin William's house (562 E. Mendocino. Altadena) at 4 p.m. Raffle tickets are 1 for \$1, 10 for \$10, and 30 for \$20. (Checks payable to CASA) The money will support the work of CASA. Bring a large bag to take home your winnings. RSVP to Kathy Cockerill.

Hillsides Decorating on December 8th: Susie Vernand stated a few items were still needed. Susie also collected check donations for Hillsides.

Area XIII Conference: Saturday, February 4th at Kellogg West Conference Center, Cal Poly Pomona. The honoree from Alpha Upsilon will be announced. Currently nine people are signed up to attend. Cost is only \$25 per member, as Alpha Upsilon is paying \$15 of the registration fee.

Schools on Wheels: Penny Schopflin thanked the membership for their donations and shared about her and Kathy Cockerill's visit to Schools of Wheels in Los Angeles.

Who's Who in AU: Karen Gollhardt gave clues about Judi Healey, who was born in Akron, OH, received her BA from Northwestern, was journalist for 18 years before she was an educator (drama teacher in La Canada Unified), and hiked Mt. Kilimanjaro.

Announcements: Upcoming hike, holiday party, Hillsides decorating, meeting on January 11, 2023 at Christine Werner's home.

5:40 p.m. Meeting adjourned.

Respectfully submitted,
Debbie Bump, Recording Secretary

Members Bring Cheer to Hillsides!



Thanks to the overwhelming support for the Annual Hillsides Sierra Cottage Holiday decorating from many of our ladies! Although we had only a small group to decorate & greet the 8 teens at the cottage, there were lots of items received by dropping off at my home or brought to the November 17th Chapter Meeting. Many donated money for the \$345 Target Gift Card, too! The teens and staff were so appreciative of their festive & transformed cottage and their personal stockings filled with goodies! Thanks for spreading holiday cheer and putting smiles on all their faces! Merry Christmas & Happy Holidays to All!

Susie Vernand
Hillsides Chair

Judi Healey Leads the Way!!



In November we learned from the speaker Michele Zack, author and Chairman of the Owen Brown Gravesite Restoration, about how Owen Brown survived Harper's Ferry, the moment many say was the catalyst for the War Between the States. John Brown, the leader and his dad, was hanged; Owen survived and made it to Pasadena. This nugget of history is right in our own backyard. Judi

Healey, our hiker extraordinaire, led the way for some members to visit the site on a sunny Saturday morning.

