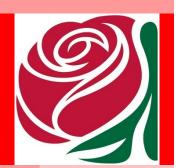
Volume 11 Issue 7

March 2022



Karen Gollhardt **Newsletter Editor: Judy Keams** Co-Presidents: Willy Crouse

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UPSILON NEWS Area X



Presidents' Message

Dear Alpha Upsilon Sisters,

"Start by doing what's necessary: then do what's possible: and suddenly you are doing the impossible." -Francis of Assisi

We would like to thank those who attended the Area XIII Conference at Cal Poly. There were 13 of us present. The keynote speaker, Dr. Jacqueline Sanderlin, was inspirational and enthusiastically spoke on "An Invitation to ... Why Not?" Also, some of us won the raffle and were awarded beautiful baskets of goodies.

We would like to thank those of you who attended the February Zoom meeting. The guest speaker, Kim Morris-Eggleston, and a former student of many of you, enlightened us with her presentation of "The Power of Connecting Movement with Creativity." We hope most of you went out the next day and took a walk to get your creative juices flowing!

A big thank you to the nominating committee for having presented the new slate of officers to lead Alpha Upsilon into the next biennium. The chapter rules have been reviewed by our committee. Both of these will need to be voted upon in the near future, so please familiarize yourself with them.

We are looking forward to see how many recruitment grant applicants will appear in the near future. We know Sue Fuelling has sent each of us the necessary information to send out to prospective future teachers. Remember, it is incumbent to each of us to get out there and recruit. It is crucial to recruit new members for Alpha Upsilon. We're hoping that Marty Unger's friend, Linda White, will join us.

A reminder to all of the board and committee members to have your Red Folder information compiled and ready to submit real soon as we are trying to put together the guidelines for each position. We'd like to be able to present this to our incoming officers and committee chairmen. (cont'd on page 3)

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DKG Vision: Leading women educators impacting education worldwide.



DKG California 2021-2023 Theme: Invitation to a New Beginning

DKG California Educational, Professional, Making an Impact

DKG Mission Statement:

The Delta Kappa Gamma Society International promotes professional and personal growth of women educators and excellence in education.

Ready for the Next Meeting ?

Next Meeting:	Thursday, March 10, 2022
Time:	4:00 p.m.
Place:	Virtual Meeting via Zoom
Program:	Parker Davis, Authority on Native Plants



Our March speaker, Parker Davis, is an authority on native plants, butterflies, and other creatures in the Arroyo Seco area, and is often quoted in the *Los Angeles Times* and local publications. Affable and knowledgeable, he will inform us of the many actions being taken to stabilize our precious environment. (Monarch butterflies and native milkweed come to mind, for example). Here is our chance to ask questions about what is going on in our own backyards and perhaps learn about volunteer opportunities up and down our foothill communities.

Judi Healey, Program Chair

RSVP to Karen Wilcoxen

Mark Your Calendars with These Important Events!!



April 29 - May 1, 2022. Los Angeles Marriott, Burbank Airport Hotel



Happy Birthday to....



March

10—Mandy Redfern 11—Carol Leining 13—Jan Tappan 20—Carol Vargas

Presidents' Message (cont'd)

The sign-up for committees will be for a biennium period instead of a yearly one. Doing this helps a committee to understand its job more. This will be coming out this month, so please sign up as soon as it does.

The annual April Friendship Tea will be in person. Please make every effort to attend. We'd love to see you. The laughter and smiles have been missed.

The time has come for renewal. Spring is around the corner.

Willy Crouse and Karen Gollhardt

Co-Presidents



Almost time to Vote!

The Chapter Nominations Committee has been hard at work and are submitting the following slate of officers for the 2022-2024 biennium:

Co Presidents

Willy Crouse Karen Gollhardt

First Vice President (Programs) Judi Healey

Second Vice President (Membership) Marty Unger

Recording Secretary Debbie Bump

Corresponding Secretary Karen Wilcoxen

Nominations Committee

Mary Linda Vandevelde, Chair Nancy Gunther Joyce Hamdan

The following positions are appointed and will be announced after the new officers are installed: Treasurer, Parliamentarian, Historian, Auditor.

These nominees will be voted on at the April meeting. At that time nominees from the floor may be presented.

Betsy Bazdarich, Chair Jean Chubb, Connie Hanson

Revising the Chapter Rules



The revised Alpha Upsilon Chapter Rules have been revised and are attached to this email woth the newsletter. Please take the time to read them and ask any questions at the March meeting. The Rules will be voted upon at the April meeting. Remember the areas that are

highlighted in yellow are what has been revised or added.

Jean Chubb, Chair, Chapter Rules Committee Ardis Bunn Judy Kearns, Parliamentarian



Membership News

Support Ronald McDonald House



Teachers are flexible, are we not? A great example has been our ability to pivot quickly from an in-person meeting to a Zoom one as we have had to do the last two months. While we miss each other, we are also concerned about each other's health and welfare.

A main reason Delta Kappa Gamma was founded is still valid: women teachers need the support of each other. Chapters provide a haven of support and encouragement for women educators. Helping each other to build confidence, to feel the strength of combined voices, and to develop courage to speak out to and for each other is essential. DKG chapter leaders and members must both feel the support of their sisters.

As we approach the time for committee sign-ups, consider actions/activities in our own chapter that are related to at least one of the following four areas:

- participation
- communication
- collaboration
- society coherence

These four areas are critical to the life of the chapter. How might you increase the quality of Alpha Upsilon's performance in one of these areas?

Thank you all for your badge responses. I will be placing the order soon and letting those of you who need a replacement one what the cost will be. If you didn't respond, there is still time to get your order in.

Marty Unger Second Vice President, Membership





Ronald McDonald House in Pasadena is excited to receive Jared/ Activity Bags from our chapter. We indicated we could provide 30. If there are more, that is great. Contents can include the following:

Crayons or colored pencils Washable markers Sketch pad Small paint set Children's scissors Glue stick Puzzle or Sodoku books A coloring book for kids or teens UNO card game Deck of playing cards Bubble bottle with wand Travel-size Play Doh

Be sure to include a book. In addition, Ronald McDonald House would like you to include a positive note of encouragement to brighten the recipient's day. All items should be placed in a large Ziploc bag.

Please DO NOT include glitter (every teacher's enemy!), stickers or permanent markers or paint.

We would like to deliver these to RMH in late April so bring them to the April meeting. If we need to change plans, Debbie and Mandy and I will determine a course of action.

Sue Fuelling, Chairman Debbie Bump Mandy Redfern

Are You Living Your Values?



Brene Brown's **Dare to Lead Hub** is full of great leadership resources. Here are some excerpts from the article "Operationalizing your Organization's Values":

"Living into our values is one of the four skill sets that make up Daring Leadership.

It means that we do more than profess our values, we practice them. We walk our talk—we are clear about what we believe and hold important, and we take care that our intentions, words, thoughts, and behaviors align with those beliefs.

The findings from the research are clear: We can't live into values that we can't name, AND living into values requires moving from lofty aspirations to specific, ob-

servable behaviors.

A courageous culture connects its values to specific behaviors so people know what is expected, encouraged, and rewarded within their team and organization. In addition to setting clear expectations, the process gives organizations shared language and a well-defined culture.

Operationalized values also drive productive decision making. When values aren't clear, we can easily become paralyzed—or, just as dangerous, we become too impulsive. Operationalized values drive what I think of as the sweet spot of decision making: thoughtful and decisive."

Try this: Write a list of your top 5 core values. Then look at your to-do list or think of your behaviors the previous day. Are you putting your values into practice? Next time you need to make a decision or are planning ways to spend your time, have your list of values nearby to see how much they align.

For more information and resources check out https://brenebrown.com/operationalizing-your-orgs-values/

Laura Castagnari, Liliana Castillo, Carol Leining Leadership/Personal Growth Committee

<u>An Opportunity to Publish–Read–-Learn–-Grow</u>



One of the ways members develop personally and professionally is through writing for publication in the Society's *Bulletin*, which publishes in two formats. The *International Journal for Professional Educators* (journal) publishes academic articles, including research, reviews of literature, program descriptions, position papers and book/technology reviews. The *Collegial Exchange* (magazine) publishes articles of a more practical, personal nature, including classroom and DKG practic-es/programs, viewpoints on current issues, personal reflections or anecdotes, inspi-

rational pieces, biographies and interviews, book and technology reviews, and creative writing. The *Journal* is only available electronically. The *Collegial Exchange* is mailed to all members

<u>Check out the latest issue of the</u> <u>Bulletin</u>, which was Volume 88, #2—in this case, the magazine. You will find it chock full of ideas from members and from committees, as well as information about how YOU can write for publication!

You must be signed into the Members Only section of the DKG International website. Login is your membership number; password is DKG2014society, unless you have already created your own personal password.

STEP up to THAT

What Exactly is Global Awareness?



Happy March!

The deadline to record **THAT** hours is here!! This is your final reminder for the 2021-22 year to support fellow educators through the <u>T</u>eachers <u>H</u>elping <u>A</u>nother <u>T</u>eacher (THAT) Program. Hopefully you have kept track of the hours spent in

THAT activities. <u>Record all hours</u> by **March 1, 2022.** The form is very easy to fill out and self explanatory. Since this is the last opportunity you will have this school year to record your hours, estimate volunteer hours you anticipate helping in the remaining months of this school year, and count them as well.

You all received an email detailing a wonderful opportunity to volunteer your time either reading to children or donating new books (focusing on diversity and 2nd language) to **Alhambra's Read Across America Program**. The event will take place on March 19th from 11:00 am – 1:00 pm at Alhambra Park. Book donations must be made by March 7th. For further information about volunteering, contact Deserie Bradvica at <u>bradvica deserie@ausd.us</u> and mention DKG or Ana Haskins. If you want to make a donation of books, gift cards, or cash, contact Ana Haskins at <u>haskins ana@ausd.us</u> for pick up.

While you are on the DKG California website, don't forget to explore DKG's <u>STEP Program (Support Team for Emerging</u> <u>Professionals</u>). You will discover many tips for teachers (veterans as well as emerging professionals), a STEP Pinterest board, a blog, information about conferences, webinars, technology, and other professional learning opportunities, and a variety of ideas to support new teachers. It is a most valuable resource for educators!

Thanks for all you do to help others!

Karen Wilcoxen THAT/STEP Chairman



The Global Awareness Committee has the responsibility of helping the chapter support World Fellowship recipients, raise awareness of the DKG International Schools for Afri-

ca project, and promote the DKG California Going Green project (now titled Save Our Earth). There used to be a separate World Fellowship Committee. But in 2013 it was combined with Schools for Africa and Going Green to form one oversight committee, Global Awareness.

World Fellowship grants are actually part of the Fulbright program. Women selected to come and study for a Master's or higher degree in the US or Canada are selected from non-DKG member countries. DKG members are urged to support these women by sending cards of encouragement, taking a WF Recipient (if local) on an outing, sending birthday cards—just whatever can be done to emotionally support them since they are so far from their homes.

Alpha Upsilon's Chapter Rules stipulate the chapter will donate a minimum of \$50 annually to the fund. If you have been in the chapter for awhile, you might remember a bank shaped like the world was passed at meetings. Members would put whatever loose change they had in the bank. This would go toward the annual donation. Other times members paid \$ 0.25 if they didn't wear their membership pin or paid \$ 0.10 for every button they were wearing. Sometimes the WF Chair would bring postcards to a meeting and each member present would write a message to a WF recipient studying in California. Lots of ways to support these women!

Please consider signing up for the Global Awareness committee for the next biennium! Together we can make a global difference!

Patty Compeau, Global Awareness Chairman

Teacher's Contract From 1939

If you recall, Marty Unger shared her father's first teaching contract from 1939. She sent it so we can see for ourselves what he had to do for \$100 a month!! Quilin, Missouri, is a small town not far from Poplar Bluff in southeast Missouri. It's about two hours from the Ozarks. Her dad graduated from college in June 1939. You can see he had a lot of responsibility for a first year teacher! He taught until October of 1941 when he enlisted in the Navy shortly before Pearl Harbor. He also got room and board as part of his benefits. Marty's grandfather took one look at the living conditions (bed frame feet in coal oil to keep the bedbugs away) and said Dad would be better off if he were drafted! Her dad remained close to the students he taught and went back to their reunions several times in later years.

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DUTIES AND RESPONBIBILITIES

The school year was interrupted during the month of September for "Cotton Vacation".

As head of the new Mathematics Department, my academic assignment was to teach the seventh and eighth grade Arithmetic, high school Algebra I, Geometry, Algebra II, and Trigonometry classes, and monitor a Study Hall. Daily assignment was to teach five classes in Mathematics and to monitor a Study Hall.

I was the Coach of all high school Athletics, in particular the softball, volleyball, basketball, and track teams, which competed with schools of similar classification.

I also sponsored the class of 1942. The salary was \$100.00 per month.

John J. Blair

*Coached Boys' Athletics.

MINUTES FROM ALPHA UPSILON ZOOM MEETING

WEDNESDAY, FEBRUARY 9, 2022

Co-President Willy Crouse called the meeting to order at 4:30. There were 29 members in attendance which included Marty's guest Linda White. Willy thanked Betsy for her willingness to open her home for the originally scheduled meeting but members felt more comfortable using Zoom. She talked briefly about the recent Area XIII Conference: 11 members attended, Ana Haskins was honored, and the excellent speaker will be at the Convention in April/May.

Ana Haskins inspired us again. We all need to have a clear vision of "your what". Be bold and courageous; don't settle for less. The use of possibility boards to chart your ideas, dreams, and thoughts using visual representation. It is important to "Share Your Win."

Karen Gollhardt reminded us about our meeting's focus #6 to stimulate the personal and professional growth of members when "Connecting Movement with Creativity" - Great introduction for our guest speaker.

Judi Healey introduced the guest speaker Dr. Kim Morris Eggleston, Occupational Therapy Professor at USC speaking on "The Power of Connecting Movement with Creativity". Kim emphasized how movement improves general cognitive performance. All truly great thoughts are conceived by walking.

Treasurer's report- Rose Gant gave us her update. Ending balance was \$8,839.54. \$3,000 was transferred from the BNEF fund to the chapter checking account.

Correspondence - Karen Wilcoxen reminded us to reach out to members we haven't seen for awhile. Let Dorie Canavan and Mary Jane Hufstedler know they are in our thoughts.

Recruitment Grants - Sue Fuelling reported her committee contacted all recipients from last year who are eligible. More applications should be submitted in the next few weeks.

Jared Bags - Sue Fuelling and Debbie Bump The Pasadena Ronald McDonald house is excited to receive our activity bags and has provided a generic list which was sent out already to all members. Jared Bags were meant to promote literacy so try to include a book along with the list provided.

Alice Kenison Award - Mary Linda Vandevelde gave us a bio of Alice Kenison who was a member of the chapter for many years. She started the teas at her home. As Alice lay dying, she was told the Chapter wanted to establish a recruitment grant in her name. She asked that the student who exhibited the greatest financial need would be the recipient. In keeping with the spirit of Alice Kenison, this will be addressed during the interview process. Judy Kearns emphasized that Alice was a wonderful lady who was the backbone of the chapter and held the office of treasurer for 16 years.

Minutes: February 9, 2022 (Zoom Meeting)

THAT hours - Karen Wilcoxen reminded us the March 1st deadline is quickly approaching. Go to the website (Karen will include website in the next newsletter) and fill out THAT forms.

Nominating Committee - Connie Hanson and Jean Chubb wanted to thank all those for saying YES to holding offices for the upcoming biennium. They presented the following slate of officers for the 2022-2024 biennium:

Co-Presidents: Willy Crouse and Karen Gollhardt First Vice-President: Judi Healey Second Vice-President : Marty Unger Corresponding Secretary: Karen Wilcoxen Recording Secretary: Debbie Bump

Chapter Rules - Jean Chubb let us know we will be receiving the chapter rules which have been updated and revised. The highlighted areas are the changes that need to be made

Willy Crouse and Karen Gollhardt reminded us to update the red folders so the next biennium of officers and committee chairs will have an easier time going forward.

Who's Who in AU: Karen G. highlighted Rose Gant; scrapbooker, line dancer, traveler (53 countries and 23 states), coke can collector, star struck fanatic, slot machine wiz and ice cream lover!!

ANNOUNCEMENTS:

Judy Kearns shared with the chapter that she is receiving the 2022 Outstanding Service to DKG California award at the Convention in May. Congratulations to Judy! A very well-deserved honor. Thanks for "SHARING YOUR WIN" with us.

Marty Unger reminded us all to respond to her email about badges. If needed don't forget to notify Marty.

Willy Crouse thanked and highlighted the hard work of Gayle Nicholls-Ali for constantly updating the website on a monthly basis.

Next Meeting is Thursday March 10th - zooming with Parker Davis, an authority on native plants

Treasurer's Report

THE DELTA KAPPA GAMMA SOCIETY INTERNATIONAL DKG California State Organization Treasurer's Report Alpha Upsilon Chapter February 1, 2022					
BALANCE ON HAND: January 1, 2021			\$ 6,240.63		
RECEIPTS:					
Interest	\$	2.07			
LIFE		69.00			
Area XIII Conference		315.00			
BNEF Transfer		3000.00			
Total Receipts for January			+ 3,386.07		
Total Available			\$ 9,626.70		
DISBURSEMENTS:					
Membership supplies		\$787.16			
Total disbursements for January			<u>- \$ 787.16</u>		
BALANCE ON HAND: February 1, 2	022		\$ 8,839.54		

Article by Mini Grant Recipient Veronica Roldan, 3rd Grade Teacher, Park Elementary, Alhambra Unified School District, 301 N. Marengo Ave., Alhambra, CA 91801

Bringing these books into my classroom has allowed my students to see themselves and their peers in these characters. My students were excited to see new books that honor a wider variety of ethnicities, beliefs, and identities. They have already started to read and get to know these characters.



My students have been working on finding character traits and with these books, they now have diverse characters to get to know better. They are finding things they have in common with these characters as well as differences. They are learning about other cultures and beliefs through books and hopefully as they read more, they will become more open and empathetic towards all people.







Dear DKG Alpha Upsilon Chapter,

I am truly grateful for the incredibly generous grant to purchase supplies for mt Second grade supplemental STEAM (Science, Technology, Engineering, Art, and Mathematics) enrichment program at Monte Vista Elementary School. My current session of this STEAM program began in mid-January and will continue through the end of the school year so as many students who wish to participate may have the opportunity to do so. Many elementary school students participating in distance learning during the COVID-19 quarantine have not had access to hands-on STEAM activities and curriculum. This program teaches students the scientific method through STEAM experiments in conjunction with the new district science curriculum. Students are learning how to make predictions, use critical thinking skills to make a hypothesis, and how design and carry out experiments. Through our experiments so far, students drawing learning how to draw conclusions based on observations and data collection, make qualitative and quantitative conclusions, interpret data and use evidence to draw conclusions.

The students are enjoying learning about magnetic forces, light refraction and the color spectrum, as well as learning about various plant and animal life around campus. We recently released over 300 ladybugs to our school garden, make diet coke and Mentos volcanoes, studied air pressure using Bernoulli bags, and created books about the solar system. I have attached photos of some of these activities and we still have many more exciting activities ahead of us. I am also attaching the photos of the expenditures for this STEAM class for your records. My Amazon total is \$463.03 and my ACE hardware supplies for life science totaled \$38.29. Thanks again for making a tremendous difference in the lives of these students. Many of my students from my first STEAM class taught in Fall of 2021 said, upon completion, that science is their favorite subject. I am excited for all of our future scientists.

Sincerely,

Rebecca Harvey









Rebecca teaches at Monte Vista Elementary in Glendale USD





Ana Haskins 2022 Outstanding Chapter Member

DKG California 1st VP, Kathlan Latiner DKG California President, Toni Cook Alpha Upsilon Member of the Year, Ana Haskins



A rosy Ana!!



DKG California President, Toni Cook Ana Haskins, Alpha Upsilon Member of the Year



Area XIII Honorees

Remembering the Area XIII conference...











Dr. Jackie Sanderlin challenges us, Why Not?



Raffle baskets.....



...And the winners are!!!!!!

ATA's 3rd Annual Read Across America

"Reading Brings the World Together"

March 19, 2022

11:00 am to 1:00 pm

Alhambra Park



Book Donations needed (by March 7th)

Our focus is on 2nd language & books on diversity

✓ Use your scholastic points
✓ Donate new books
✓ Gift cards or cash donations



Alhambra Teachers Association

3030 W. Main St, Alhambra

626-289-1933

