

Co-Presidents: Marion Darling  
Connie Hanson  
Newsletter Editor: Judy Keams  
Judydkg13@aol.com

**DKG Mission Statement:**

The Delta Kappa Gamma Society International promotes professional and personal growth of women educators and excellence in education.

# Presidents' Message

Dear Alpha Upsilon Sisters,

We cannot believe how quickly this year has passed! Thursday, May 16<sup>th</sup> marks the end of our DKG calendar. As you know, DKG International has changed its rules regarding the collection and reporting of paid members. **Mary Jane** needs to input the dues paid, beginning on June 1, 2019. As of now, we only have a few members who have not paid and they have been contacted. **Please, ladies, get those checks to Mary Jane!**

Ours is a very active and thriving chapter. In recent years, many chapters have seen a decline in membership and one chapter in Area XIII even dissolved. This year at Convention, our chapter received the Order of the Rose, in part because we are continuing to grow. Please think about inviting a friend or two to September's meeting. Following the calendar from this year, that meeting will probably be on or near Wednesday, September 18<sup>th</sup>. Just as when we were teaching, the beginning of the school year was always the most fun, seeing old friends and meeting new ones!

The Executive Board will meet in June to plan the calendar for next year. If you have ideas for interesting programs, please contact Joyce Hamden. If you would like to volunteer for a Board position for 2020-2022, please contact Mary Lou Langedyke. When you decide on what committee(s) you would like to serve, either contact Connie Hanson or Marion Darling. We are really enjoying serving as your co-presidents! It is truly an honor to participate in such a meaningful organization made up of incredible women!

Marion Darling and Connie Hanson  
Co-Presidents



**DKG Vision: Leading women educators impacting education worldwide.**

**A Few Articles in This Issue:**

Next Meeting	2
<b>DUES are Due!</b>	2
Membership News	3
DKG California Convention	3
Mini Grant Recipients Share	4-7
<b>Going Green</b>	<b>8</b>
C'est Magnifique!	9
DKG Convention	10



**DKG California**  
**2017-2019 Theme:**  
**Women Educators on the Move**  
**Making it Happen Together!**

**DKG California**  
**Educational, Professional,**  
**Making an Impact**

## Next Meeting

---

### Final Meeting of the Year!

**DATE:** Thursday, May 16, 2019

**TIME:** 4:00 p.m.

**PLACE:** Gale Caswell's Home and Gardens  
4604 El Camino Corto  
La Cañada

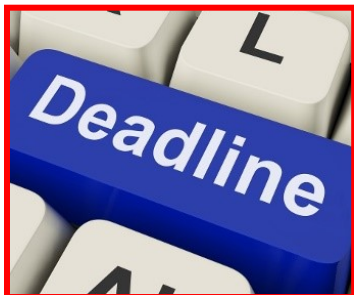
**RSVP:** Gale Caswell  
Gale.caswell@gmail.com



Final Meeting for 2018-2019  
Salad dinner will be served  
Meet Recruitment Grant Recipients

## DUES for 2019-2020 Are Due!!

---



All dues **MUST** be in by June 1. If you did not pay your dues at the April meeting or have not mailed your check to Mary Jane, bring your check payable to Alpha Upsilon for \$85 to the May meeting. Let's all help out our hard working treasurer to meet the deadlines. Mary Jane **has received the dues for the following members:**

J. Bakly  
B. Bazdarich  
A. Bunn  
D. Canavan  
J. Chubb  
K. Cockerill  
R. Coleman  
P. Compeau  
W. Crouse  
M. Darling  
T. Diaz

S. Feulling  
K. Frank  
H. Furuya  
R. Gant  
J. Goldman  
K. Gollhardt  
D. Greenlees  
N. Gunther  
J. Hamdan  
C. Hanson  
A. Haskins

J. Healey  
M.J. Hufstedler  
J. Keams  
M.L. Langedyke  
D. Larson  
C. Leining  
N. Russel  
S. Sauvageau  
P. Schopflin  
D. Stassel  
J. Tappan

N. Thompson  
M. Unger  
C. Vargas  
J. Waters  
C. Werner  
K. Wilcoxon

**Name not listed? Bring check payable to Alpha Upsilon to the May meeting or mail to Mary Jane Hufstedler ASAP.**

**Active dues: \$85**

**Reserve dues: \$50**

## Happy Birthday to....

---



May

9—Rose Gant  
19—Ardis Bunn  
20—Robin Williams  
25—Dorie Canavan  
28—Marion Darling  
30—Betty Bates

## Membership News

---

MAY MEMBERSHIP NEWS HAPPY MOTHER'S DAY TO ALL MOMS AND GRANDMAS!

Carol Vargas will be joining Alpha Upsilon during the final meeting. Carol will make **SIX** new members for 2018-2019. Please continue to bring your teacher friends not only to this month's meeting but beginning in the Fall as well so that we can bring more ladies into our chapter. We will once again have our induction at the February 2020 meeting so you have plenty of time to have them meet our members. Share the joy of DKG!



**Judie Bakly**

**Marcelyn Bible**

## DKG Conference

---

Plan now to attend the DKG International Conference in July at the Orange County Hilton in Costa Mesa.

July 17-20, 2019

[Registration](#) is open at the DKG International website.



## Jared Boxes Delivered!

---



On March 25 all the thoughtful items that you brought in your Jared Bags were delivered to Katie DuBois at City of Hope for all the children who are treated there. She was very appreciative of the variety of things! At the present time there are

mostly older children (8+) being taken care of at the hospital, but there are several younger siblings who come to visit, so they also will reap the benefits of these pens, activity books, games, etc! Thank you again for all your support to this wonderful project!

**Willy Crouse**  
**Sue Fuelling**  
**Karen Gollhardt**

## Mini Grant Recipients Share

---

Dear Alpha Upsilon's Beebe Nuetzman Endowment Fund,

Thank you for your amazing donation to my classroom project. With your donation I was able to provide my Life skills class with a toaster oven, 2 hot plates, a griddle, pans, wall paper back-splash for our kitchen, a Window looking out onto the ocean and utensils for our cooking class. We went on a community outing and bought several utensils and other kitchen items for our class. Our first recipe we followed and executed was Crepes! Our students did such an amazing job with making the batter and putting their crepes together. Thank you for all you do!



*Sincerely,*

*Melissa Martinez, M.A.  
Education Specialist  
Alhambra High School*

### Hands-on science in action!

The seventh graders in Ms. Capra's class at Foothills Middle School in Arcadia took a new approach to science learning this year with a hands-on science investigation (experiment). During this investigation students explored two chemical reactions essential for life- photosynthesis and cellular respiration.

Photosynthesis is the chemical reaction responsible for adding oxygen into the atmosphere and sustaining life on Earth. Plants use the process of photosynthesis to produce their source of food by converting sunlight, water, and carbon dioxide into oxygen and glucose. Students were able to set up experiments with aquatic and terrestrial plants in an effort to better understand the process of photosynthesis and observe evidence of photosynthesis. For the investigation students use the purchased laboratory equipment to design and set up an experiment with plants. Students used the equipment to simulate sunlight and growing conditions with LED lamps, beakers, and a colored solution to measure the presence of gas inside the water-filled beakers. Students also measured the mass of the plants with electronic scales, temperatures of the plants and water with the laser thermometers, and tested pH with the pipettes and indicator solution.

By conducting this experiment students were able visually observe evidence that photosynthesis took place, instead of being told that photosynthesis took place. This investigation was also a valuable experience because students were able to ask questions and test experimental variables of their choice. This investigation also set the stage for future student-led investigations and experiments.

The equipment purchased with the awarded grant money will be used for future investigations and will enrich the learning for many students to come. Thank you for supporting hands-on learning in my science classroom!

### Yoga and Mindfulness for Kids

By Jennifer Tran

Camino Grove Elementary School Counselor

What a gift to get a grant to fund my SCHOOL (Smiling Calm Hearts Open Our Learning) Kids Yoga and mindfulness training! As a current school counselor, and former elementary and middle school teacher, I recognize the need for students to learn tools like yoga and mindfulness to reduce stress, anxiety, and excess behaviors. It can also help students improve attention, focus, and self-regulation. With this training, I will learn the skills to teach and incorporate yoga and mindfulness in classroom lessons, small group counseling, and individual counseling sessions. The SCHOOL Kids Yoga and Mindfulness Training meets Common Core State Standards, PE & Health Standards. The topics covered in the training include:

- Strategies to Enhance Academic Achievement
- Postures/movements Appropriate for Classrooms
- Meditation Appropriate for Classrooms
- Mindfulness Techniques
- Movement Based Learning Techniques
- Anatomy & Body Systems Benefits
- Storytelling Techniques

By the time this newsletter comes out, I'll have been officially trained to practice yoga and mindfulness with my students. I am so thankful to your organization for giving me this opportunity and can't wait to get started with my students!

## Granada Elementary School First Grade Whisper Phones



Dear Delta Kappa Gamma,

Thank you for your generous grant to purchase our whisper phones. Our 1st grade students have used them everyday to practice their fluency, expression, intonation and speed while reading. The students are excited to read and we have already seen the progress they've made by being able to hear themselves.

We appreciate your contribution to support our students. Thank you.

Sincerely,  
Anne Luong  
First Grade Teacher

# Going Green

---

At the Multiple Chapter Dinner on March 21, Patty shared a flier on Climate Change in Pasadena. The League of Women Voters sponsored this Forum. It was held on April 6 at the First United Methodist Church. It was well done. Patty and Jill both attended.

Three reports were excellent and they have good web sites you might wish to visit:

- 1) **Climate Resolve**: They advance local solutions to the global climate change issues
- 2) **pLAN/LA - LA's Green New Deal**: This is Mayor Garcetti's Sustainability Plan for the City of Los Angeles; There is an excellent YouTube overview that spells it out
- 3) **League of Conservation Voters**: Their website has 26 supporting groups in the LA area that are super active and you can see what they promote.

We liked the conference because individuals were sharing information and there were a variety of organizations presenting.

Jill was personally very excited about ideas from a CalTech researcher (highlighted speaker) and his use of the ocean plus an enzyme "carbonic anhydrase" to pull carbon dioxide (Carbon) out of the atmosphere and put it back into the oceans. It will increase the ocean's acid levels a slight bit, but will dramatically help reduce carbon dioxide in the atmosphere. It is a new way to help with the already good ideas about reducing green house emissions and cooperating with the others who share this planet with us. He is working out a cost effective way to promote this method.

**Patty Compeau**  
**Jill Waters**

**Global Awareness Chairmen**





# C'est Magnifique!—Annual Friendship Tea



## Mini Grant in Action!

In the April edition of the *Alpha Upsilon News* mini grant recipient, Jason Ganley, was highlighted. Rose Gant recently attended an art show at Arcadia High School honoring Jason's students' art work. Jason was very excited about and appreciative of his mini grant from Alpha Upsilon. He spent time showing/explaining his students' projects with Rose (as well as with all parents) and even introduced her to his wife and some of his students (as though she was really an important person!). Rose was so enthralled with the artistic and creative talents of the Arcadia students. It was an evening well attended with enthusiasm and pride.



## 2019 DKG California Convention



Mary Jane Hufstedler was welcomed as a First Timer by President Julie Drysdale.

Judy Kearns accepted the Order of the Rose on behalf of Alpha Upsilon. Shown here with Linda Srulovitch, Area XIII Director, Sharon Lefler, Epsilon President and Ava Smalley, President of Delta Nu.

