Volume 10 Issue 2

November 2020

Newsletter Editor: Judy Keams Co-Presidents: Willy Crouse Karen Gollhardt

Judydkg13@aol.com

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UPSILON NEWS



Presidents' Message

The Delta Kappa Gamma Society International promotes professional

DKG Mission Statement:

and personal growth of women educators and excellence in education.

Dear Alpha Upsilon Sisters,

First of all, MANY MANY Thanks to **Judy Kearns** for getting this Newsletter out! Even a broken femur/hip and a hospital stay cannot stop this woman!!!!

"Life is not about waiting for the storm to pass. It's about learning how to dance in the rain." Vivian Greene

Welcome to November! We are still enduring this virus, we have smoke and fires to deal with, and an occasional earthquake to rattle us even more. We can only hope for rain to put all the fires out and then we will gladly dance in the rain.

We believe our first two zoom meetings in September and October were a success! It was so wonderful to see everyone's smiling face. Thank you to Jan Tappan for her performing arts in helping us with opening the first meeting. You also may have found out a bit more about her as well as Kathy Cockerill as we are attempting to highlight "Who's Who in AU."

Thank you to Judi Healey for having "Ranger Rick" at our October meeting to give us a wonderful insight into our local forest service.

We especially want to thank three people who have already worked really hard already this year. First, we want to thank Mary Jane Hufstedler for her many years of service to Alpha Upsilon as our past Treasurer. Secondly, Rose Gant stepped up and spent hours gathering, organizing data, and coordinating with the credit union to substantiate our funds as our newly appointed Treasurer. Thirdly, we are fortunate to have Judy Kearns, chairman of the DKG-State Finance Committee, who helped Rose through the transition process. Judy also typed and produced our annual directory! We cannot thank the three of you enough for all your hard work.

(cont'd on page 2)

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DKG Vision: Leading women educators impacting education worldwide.

DKG California



2019-2021 Theme: Crossing **Bridges Together**

DKG California Educational, Professional, Making an Impact

Next Meeting



DATE: Thursday, November 12, 2020

TIME: 4:00 p.m.

PLACE: Zooming on your computer

PROGRAM: Chris Erskine, Retired LA Times Consultant

Presidents' Message (cont'd)

We have had a few directories returned. Please update any change of address or email as soon as possible with us at Alpha Upsilon. We would hate for you to miss out on any important things we have planned for this year.

We hope to see all of you at our next virtual meeting on Thursday, Nov. 12th, 4:00 PM. You will be invited via an e-mail to join the meeting. Just click on the link.

'Til then, Willy Crouse and Karen Gollhardt

PS. Congratulations to our Dodgers and Lakers!!!

Highlights of DKG.ORG

Visit DKG.org and explore. Look for the following:

Spring 2020 Art Gallery

DKG Blog

Events

Go Ahead Tours

About Us

Programs and Projects



Happy Birthday to....



November

2—Liliana Castillo Donna Larson Gayle Nicholls Ali

5—Ana Haskins

18—Christine Werner

Membership News



The people who belong to an organization or group is its membership. We are members of Delta Kappa Gamma, Alpha Upsilon Chapter with all the responsibilities that entails. Too often, we focus only on growing the number of members in our chapter. While that is an important part of our mem-

bership committee, we are also responsible for the care of our existing members.

In September, Pat Rabe challenged us to **mail** a note of greeting, encouragement, connection, and care to three different members as well as two to other friends. Have you done it yet? I did, after I originally wrote this article and I plan to do it again this month. Our holidays are different this year, we won't be together as we have in the past so I encourage you to participate, I know the highlight of my day is a trip to the mailbox. If you can't do three, please try to send at least one note by our next meeting. I look forward to a 100% show of hands on November 12, 2020, when I ask how many people received notes.

AND, please continue to think of and forward names of prospective new members to Pat Kalish, Pat Rabe, or me. I want to personally invite those people to join us that you would like to include as part of Alpha Upsilon.

Marty Unger, Second VP, Membership

LIFE Foundation



The LA Times Festival of Books has returned to a computer screen near you. For the next two weekends you can enjoy all the author and panel discussions you may have enjoyed in previ-

ous years on a weekend in April at the USC campus. The virtual world has some perks after all.

You can find the schedule and how to sign up for the events you choose at latimes.com/ FestivalofBooks There is something for every literary taste. The LA Times hopes to have the live festival back at USC April 2021.

Looking for a good book selection??? Currently on the best seller list in non-fiction is <u>Caste</u> by Isabel Wilkerson. She uses the same well-reached story telling that made her first book <u>The Warmth of Other Suns</u> so engaging and readable. Either of these books will broaden your understanding of current issues.

Mary Lou Langedyke LIFE Liaison

Hillsides



A big thank you for the generous donations given by 14 members, totaling \$410 by 10/26/20 for Hillsides' Sierra Cottage at Christmas! Money can still be sent until November 1. Bless you all.

Susie Vernand Hillsides Chairman

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BNEF: Grants & Scholarship



Beebe continues to shine!

Once again the BNEF Board of Directors has allotted funds to Alpha Upsilon to offer generous Grants and Scholarships to deserving teachers and prospective teachers. \$40,000 has been set aside for Mini Grants, Recruitment Grants and Scholarships. The three committee chairs have decided to designate \$14,000 for Mini Grants, \$25,000 for Recruitment Grants and \$1,000 for Scholarships. Alpha Upsilon is so fortunate to to be able to offer this invaluable financial support to so many teachers.

Thank you, Beebe!

Mary Linda Vandevelde, Chairman

Thank you!



As newsletter editor I am taking journalistic privilege to say thank you for the many, many cards and good wishes I have received. I am truly overwhelmed and humbled by your kindness. A true bene-

fit of membership in this great organization is the support one receives from DKG members. I am so grateful.

Judy Kearns

<u>Are You Up To Date?</u>



Is your information up to date in the DKG International database? Have you been receiving the DKG California Connections? Is all your personal information correct

including the spelling of your first and last names? Have you been receiving the DKG California Highlights? If the answer to any of these questions is "no", there is now an excellent YouTube video available at the DKG California website with step by step instructions on how to update your information. Click on either of the links above or go to dkgca.org and select the third button on the scrolling information on the home page.

International Conferences

DKG International will be offering three conferences for all members this summer:



One will be in Portland, Oregon, July 7-10.



Another will be held in San Antonio, Texas. July 21-24.



And the third will be in Tampere, Finland, July 28-31.

At this time the speakers and programs are still works in progress. But DKG International President Becky Sadowski is encouraging the planners "...to consider how to find meaningful opportunities to contribute and to make a difference for a positive impact on women and children in our world."

At this time plans are proceeding for in person conferences. It is possible they will be changed to virtual conferences. If last summer's virtual convention is an example, the conferences will be powerful! So mark the dates on you calendars now.

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Going Green

More Climate Change Information: This link to CBS news has both a video and a more in depth discussion of just why we are having so many intense fires. Sadly a bigger and longer fire season is predicted for our future.

Wildfires and weather extremes: It's not coincidence, it's climate change - CBS News

https://www.cbsnews.com/news/wildfire-climate-change-extreme-weather/

On a lighter note this article from the July/August Sierra Club magazine suggests how you could recycle your underwear: The best thing you can do is conserve

Hey Ms. Green,

What's the greenest thing I can do with my family's unusable clothing, such as old underwear, socks, swimwear, bras, and pantyhose? I don't want to add more to the dump.

—Liz in Los Angeles, California

I'm all for ditching bras, but tossing them into the garbage isn't the best way to channel one's inner goddess. A McKinsey study found that from 2000 to 2014, the number of garments purchased each year by the average consumer increased by 60 percent. In the United States, approximately 11 million tons of textiles are tossed into the landfill annually. Even if old clothes get recycled into something like insulation, most textiles can only be recycled once.

One of the best things you can do is conserve: Buy less, and buy longer-lasting garments such as those made with 100 percent cotton, hemp, or linen. Wash them less, and use cold water on the delicate cycle. One study found that, unlike synthetic fabrics, natural fabrics don't trap smelly compounds produced by bacteria. They're also easier to recycle. Plus, synthetic fabrics shed up to 1.5 million toxic plastic microfibers per laundry load.

The company Knickey will recycle your intimates and offers an easy-to-download shipping label. When you recycle, Knickey sends you a free pair of organic underwear with your next order. You can also donate your old clothes to USAgain (find your nearest drop box at <u>usagain.com</u>).

Patty Compeau, Jill Waters Global Awareness Chairmen



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DKG California Leadership Opportunity

Each year the DKG California Leadership Development Committee offers a <u>Leadership Retreat</u> in January. The January 2021 event will be a virtual one. So you don't have to fly or stay in a hotel! You can attend from the comfort of your computer! If you click on the words <u>Leadership Retreat</u> in either place in this box, you will be taken directly to the registration form (**DO NOT** click on the words Click to Register on the flyer below). This Retreat if for **ALL** members. So take advantage of this benefit of membership.

Leadership Retreat, Virtual

Connecting Through Mindful Leadership

Presented by
The Leadership Development
Committee

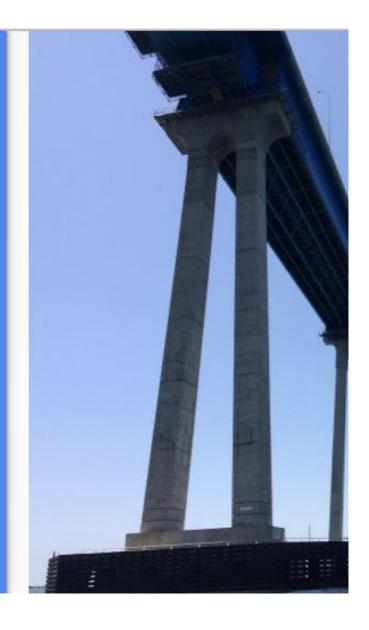
January 15, 2021

A Casual Evening Get-Together Preview of Presentation

January 16, 2021

Special Guest Presenter
Wrap-up
Certificates and Pins for 1st Timers

Click to Register



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THE DELTA KAPPA GAMMA SOCIETY INTERNATIONAL DKG California State Organization

Treasurer's Report Alpha Upsilon Chapter October 1, 2020

BALANCE ON HAND: July 1, 2020	\$ 7,611.26
RECEIPTS:	
Interest (July)	\$ 9.06
Interest (August)	\$ 9.07
Interest (September)	\$ 8.80
Total Receipts	\$ 26.93
Total Available	\$ 7,638.19
DISBURSEMENTS: DKG Area XIII Total Disbursements for August	\$ 208.00 \$ 208.00



BALANCE ON HAND: October 1, 2020

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\$ 7,430.19

THAT

Happy November! The season and weather may have changed, but we are still in the midst of distance learning in most of our Southern California schools, and still trying to find ways to meet the needs of our students during this unprecedented time. There are numerous ways that we, as DKG members, can support our teachers with distance Learning. I hope you read the flyer that Karen G emailed to you in September, entitled *Volunteering Like A Pro: THAT Tips for Supporting Teachers with Distance Learning.* In case you misplaced it, I am attaching it here:

- Keep in mind that volunteering does not need to be in the classroom, and this school year it will likely not be possible to volunteer in person in most California schools.
- Volunteer with teachers at the school where you used to work.
- Volunteer with teachers at a school near your home.
- Ask the working teachers in your chapter if they need help or know someone in their school who may need help
- Volunteering can be done in different increments of time, even 1 hour a week can make a big difference!
- You may want to offer to volunteer in a particular area of interest, ex. Math, literacy, coding, etc.
- You could be a guest reader by reading a story to a class via Zoom or Google Meet.
- Offer to supervise or facilitate a small group break out session during a teacher's live Zoom session.
- Be a listening ear for a teacher to release some of their frustration, this could also be a great opportunity to offer mentorship and help teachers problem solve. Even many experienced teachers are feeling like first year teachers this year.
- Be a guest in a class meeting to give feedback to the teacher on how their sound and visuals are working for participants.
- Offer to let teachers practice new tech with you, ex. they can practice setting up a Zoom or Google Meet with you and/or other members as participants.
- If you are tech savvy, offer to make online materials such as Bitmoji rooms, Google Slides presentations or online worksheets and activities, etc.
- Offer to find fun You tube videos on topics that teachers are going to be teaching about.
- Offer to help write Donor's Choose or other grants to help teachers get supplies they need for distance learning.
- Sometimes the best thing to do is just reach out to teachers and ask them what they need

In addition, prior to September's Alpha Upsilon meeting, current teachers provided suggestions of areas where they could use help. Please refer to that list, and reach out to our teachers directly if you feel you can offer any assistance in any area they suggested. If our current teachers have thought of some additional ways that our retirees can assist you, I am happy to generate a list for our members. For those of you who are retired, or working part time, and have extra time on your hands, please share any information with me regarding a teacher, program, or school that you hear about that could use our help, or an idea you might have for volunteering our time.

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THAT (cont'd)

Please keep track of the hours you spend in THAT activities. You will need to record your hours by April 1, 2021 by clicking on

https://docs.google.com/forms/d/e/1FAIpQLSf4BD4SaHo50Oe1tgmZB3zX6d6Da4ETZdcP1zEAXkk491pQnw/viewform.

The form is very easy to fill out. All you need to do is enter your name and volunteer information, as well as Alpha Upsilon and Area XIII.

Willy sent me a list of suggested ways we can help teachers during the Covid -19 pandemic, that came from the DKG International Office. They don't necessarily count as THAT hours, but they are certainly acts of kindness that might brighten someone's day, and let teachers know they are appreciated. I thought I'd share them with you here to spark your interest and think of ways of showing our gratitude, especially now:

- Write encouraging notes. Personal hand-written notes from others let teachers know they aren't in this alone
- Share inspirational quotes from well-known leaders.
- Consider asking the chapter's "resident poet" to write a short poem to thank the teachers for their service (Ana's poem would be perfect!)
- To up the ante, gift small school items with a note attached. Highlighters, pens/pencils, glue sticks, etc. are inexpensive that can bring a smile to a teacher's face
- Food is always a good choice! Perhaps a piece of candy or a couple of other treats could be attached to a note.
 (Be sure to check with the school administration before preparing the treats.)
- Post signs of thanks and encouragement along the school driveway so teachers can see those on their way to school. Such action would help jumpstart a teacher's day!
- If it's a small community, perhaps the chapter could put an ad in the local paper to thank teachers for their dedication.

Hope you are all staying safe and well! Happy Thanksgiving to you and your loved ones!

Karen Wilcoxen THAT Chairman

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Chapter Minutes: October 14, 2020

DKG Society International
DKG California
Alpha Upsilon Chapter
Minutes: October 14, 2020

o-President Willy called the meeting to order at 4:31 pm. Co-Preside

Co-President Willy called the meeting to order at 4:31 pm. Co-President Karen Gollhardt led the Flag Salute using a USA quilt backdrop which she made during the pandemic. There were 33 members in attendance. Ana Haskins was unable to attend but sent along her words of inspiration, "Be Kind and Encouraging"

The program was organized by Judi H. who introduced our speaker Ricky Hilstein or "Ranger Rick", Fire Patrol Captain # 11, Woodland Fire Investigator. Rick mentioned it is very discouraging to find so much trash left behind by hikers etc; they can't keep on top of the trash problem in the National Forest. Please "LEAVE THINGS IN BETTER SHAPE WHEN YOU LEAVE."

A motion to approve the September minutes was seconded and passed. Treasurer Rose Gant gave a quick update on the treasurer's report. DKG dues were paid and balance was given.

Committee updates:

Mary Linda Vandevelde stated the Grants/Scholarship committee agreed to distribute the same amounts as last year. Mini Grant applications will be sent to school districts with a deadline of December 4th to return.

Kathy Cockerill thanked everyone for their generosity and mentioned \$1,000 was donated to School on Wheels. Deadline for those who still wish to donate is November 1st.

Susie Vernand also set a November 1st deadline to help collect money for the chapter's annual decorations and gifts for the children at Hillsides. Chapter members can't go in person this year to decorate due to Covid. Susie's plan is to try and collect \$500 a Target gift card can be purchased to ensure some Holiday Happiness. Send along a Christmas card if you want to.

Patty Compeau and Donna Larson also set a November 1st deadline for CASA (Court Appointed Special Advocate) donations.

Who's Who in AU introduced Kathy Cockerill. Queen and I Love Lucy fan!

Karen and Willy gave member health updates, change of address of one of member, reminders for personal growth opportunities, and volunteer opportunities for the DKG convention in April/May, whether in person or on zoom.

Everyone was reminded to VOTE by November 3rd. Marty Unger extended Pat Rabe's challenge to send cards or written notes to 5 other people during the month.

Next Zoom meeting is Thursday November 12th at 4 pm.

Meeting was adjourned at 5:51 pm.

Respectfully submitted, Kim Frank, Recording Secretary

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Neutzman Endowment Fund Alpha Upsilon Chapter, Delta Kappa Gamma Society International

Mini Grant Application

Name	Date	
Address		
Phone	Email	
School Site		
District	Grade Level	
New teacher?	Changed grade level or subject area?	
Amount of mini grant reque	st \$ (up to \$500)	
Have you received funds for this project elsewhere?		
What was the amount of that award?		
On another piece of paper, briefly describe your project or conference; attach supporting materials that include product description and price.		
If you are approved, you will be required to submit an article for the Alpha Upsilon Chapter's newsletter and receipts for your purchases.		

Applications must be received by Friday, **December 4, 2020**

Email applications to jantappan@gmail.com

Alternatively, mail to Jan Tappan, 1938 Rose Villa St., Pasadena, CA 91107 Questions? Call 626-372-0088.

Nuetzman Endowment Fund Alpha Upsilon Chapter The Delta Kappa Gamma Society International

Mini Grant Information

Mission Statement: The Beebe Nuetman Endowment Fund shall promote and support educators in their professional and personal growth

Purpose and Eligibility

- The purpose of the Mini Grant is to provide financial assistance and encouragement to credentialed teachers who wish to pursue a project/conference that enriches themselves or their students in the educational process.
- Applications will be accepted from credentialed public school teachers in the geographical area represented by Alpha Upsilon membership.
- Mini Grant awards are limited to teachers who did not receive a Mini Grant in the 2019-2020 school year.
- At the time of application, teachers must provide evidence of fees and/or costs of materials along with a description of the materials, conference, or other use of grant funds, explaining students will benefit from the grant.
- Grants must be used during the school year in which they are awarded.
- Each Mini Grant will not exceed \$500.
- Preference will be given to new teachers and those changing grade level or subject area.

Application Procedure

Interested teachers should submit their application and supporting documentation to the Alpha Upsilon Mini Grant Committee by December 4, 2020. Grant checks will be issued in January, 2021.

Email applications to jantappan@gmail.com or mail applications to Jan Tappan, 1938 Rose Villa St., Pasadena, CA 91107



The Delta Kappa Gamma Society International DKG California Organization

Alpha Upsilon Chapter

The Beebe Nuetzman Endowment Fund Committee

The Delta Kappa Gamma Society International promotes the professional and personal growth of women educators and excellence in education.

Chairman

Judy Kearns 627 N. Vecino Ave. Glendora, CA 91741 626-963-3450

Vice Chairman

Mary Lou Langedyke 1828 E. Calaveras St. Altadena, CA 91001 626-797-4616

Secretary

Norma Russel 2018 Montecito Dr. Glendale, CA 91208 818-248-4138

Member

Laura Strametz PO Box 481 La Canada, CA 91012 818-434-1789

Member

Robin Williams 562 E Mendocino Altadena, CA91001 626-794-9824

Chapter Treasurer Ex-Officio Member

Rose Gant 911 Swiss Trails Rd Duarte, CA 91010 626-303-7991

Chapter Co-Presidents Ex-Officio Members

Willy Crouse 3035 E. Cortez West Covina, CA 91791 626-332-4226

Karen Gollhardt 1155 E. Plymouth St. Glendora, CA 91740 626-335-2003 October 23, 2020

Dear Principals, Administrators, and Office Managers,

The Alpha Upsilon Chapter of the Delta Kappa Gamma Society is pleased to be able to offer mini grants, not to exceed \$500, to public school classroom teachers for a project or materials they feel will add to their instructional program, thus benefiting students in their class. In this year of distance learning, there may be material resources, equipment, or conferences that would help teachers facilitate the online learning environment. We welcome applications from teachers who are teaching distance learning, hybrid models, or in-person classrooms. All applications for classroom furniture, including stability balls, must be submitted with a letter of approval by your school principal.

We, as educators, know there are always those additional resources we would like to use to implement an exciting and motivating program.

Attached is the application form with the instructions and timeline for return. We appreciate your assistance and thank you for your help in letting your teachers know about our mini grant program.

Sincerely,

Jan Tappan

Jan Tappan

Mini Grant Committee Chair