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Karen Gollhardt

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ALPHA UPSILON NEWS
Area XIII



DKG Mission Statement:

The Delta Kappa Gamma Society International promotes professional and personal growth of women educators and excellence in education.

Presidents' Message

Dear Alpha Upsilon Sisters,

We welcome you back to a new biennium in Alpha Upsilon. Little did we realize this virus would still be immobilizing our everyday lives as we know it for close to six months! But here we are in September, school has begun again virtually, and we are still social distancing from our normal routine. It's time to just hang on and be thankful for our health and well-being. We hope you are well and staying safe during this unprecedented time. Our commitment to stay positive will sustain us as we work through this together.

We have worked with our new board to plan as best as we can for a quite different kind of year. Our new board members are **Judy Healy** as 1st Vice-President (Programs), **Marty Unger** as 2nd Vice-President (Membership), **Kim Frank** (Recording Secretary), **Judith Craemer** (Corresponding Secretary), **Rose Gant** (Treasurer), and **Marion Darling** (Parliamentarian).

Some changes you may look for are: the yearbooks will be mailed to you, virtual meetings are planned for Thursday, September 10th and Wednesday, October 14th (*instructions are in this newsletter and will also be emailed out*). You are encouraged to actively participate in the scheduled committees and programs set forth. There may be changes with regard to meetings. They might have to be held virtually if we cannot meet "in person". We will continue to have a social time from 4-4:30 at our scheduled meetings and encourage you to join in before the actual meeting time.

We know there will be changes in the ways we used to do things with respect to assisting our causes - School on Wheels, CASA, etc. The committee chairs will be letting us know what they have had to come up with in regard to new ideas and ways to do things. Opportunities are available for volunteering as current teachers have a variety of ways you can help. This is a good way to gain THAT hours.

We look forward to having a good year learning more about each other (do not forget to send your bio information to Karen) and how we can become even better in **Crossing Bridges Together**.

Willy Crouse & Karen Gollhardt
Co-Presidents

DKG Vision: Leading women educators impacting education worldwide.

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DKG California

2019-2021 Theme: Crossing Bridges Together

DKG California Educational, Professional, Making an Impact

First Meeting of 2020-2021!



DATE: Thursday, September 10, 2020

TIME: 4:00 p.m.

PLACE: Zooming on your computer

PROGRAM: Welcome Back!!

Alpha Upsilon **ZOOMS** into 2020-2021!

Zoom Meeting Instructions:

- You will receive a Zoom meeting invitation that will contain a link to the meeting. It will also contain a meeting number and a password if you need them.
- Use a computer with a camera, iPad, or phone (computer and iPad work best)
- Sit in a quiet room away from other family members and television sounds
- Be sure a light is in front of you (not behind you)
- When it is time for the meeting, open the email with the Zoom invitation; click on the **LINK** in that email to open the Zoom meeting
- You will be prompted to “Open Zoom Meetings”; select this prompt.
- IF the link doesn’t work, go to zoom.us, click on ‘Attend a Meeting’, and type in the meeting number (which is located in the invitation)
- You will be put in a ‘Waiting Room’ and then admitted (the host’s way of keeping track of all attendees)
- Ways to SEE people:
 - Gallery View (you can see everyone; at least 25 at a time on a computer, 9 on an iPad)
Click on the small arrow on the right to go to another screen to see more people
 - Speaker View (you only see who is talking)
- Sound: You can mute yourself during the meeting; then unmute yourself when you wish to talk
- You can click on Chat to ask a question that can be answered later or to comment
- You can post reactions (handclap, smiley face)
- There are a variety of [Zoom Tutorials](#) available. If this is your first time using the application, the two that would be of most value for our meeting would be “Join a Meeting” and “Meeting Controls.”

Happy Birthday to....



September

- 3—Susie Vernand
- 11—Jean Chubb
- 15—Trisch Diaz
- 21—Joyce Hamdan
- 25—Judy Kearns

Membership News



The greatest strength of any organization lies in its members. Delta Kappa Gamma is no exception. We have an extraordinary group of talented and amazing women, but we need to keep encouraging new people to join us.

For the foreseeable future, we are facing a unique challenge as we will not physically be able to be together. Therefore, we must be creative as we think of and invite prospective new members. For both working and retired teachers, Zoom meetings may be attractive as they require less time for our gatherings. Remember, prospective members shall attend at least two (2) Chapter meetings to be eligible for membership.

Last year, 2019-2020, we did not qualify for the Order of the Rose which provides us with DKG California recognition. We want to achieve that honor again. In order to accomplish that goal, we need at least three (3) new members.

The membership committee members, Pat Kalish, Pat Rabe, and I, welcome your help and efforts to grow our membership. If you have any questions or suggestions, please email or call me at martyunger6670@aol.com and (626) 824-1834 (cell). I don't answer numbers I don't recognize, so leave a message and I will get back to you as soon as possible.

LIFE Foundation



Oh, the joy of reading that good book and the desire to share with others! I hope you have had a summer filled with good books that have inspired and engaged. So many authors have reflected

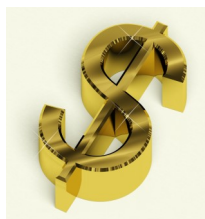
on the joy of reading and you can check out the article [40 Quotes about Reading to Inspire Your Love for a Good Book!](#) I did and selected this as appropriate for this summer: **"Reading gives us someplace to go when we have to stay where we are."** (Mason Cooley) Check out this web site and find your favorite quote and share at our September meeting.

Our chapter will continue to support the LIFE foundation this year with an annual donation. Buck a Book will return as soon as we can have in person meetings and if we cannot, a request will be made for donations.

Do you have any interest in creating an Alpha Upsilon book club? We can meet by ZOOM, select a book and spend an hour catching up and talking books. Think about this and we can see if there is any interest at our September meeting.

Mary Lou Langedyke
LIFE Liaison

Finance Committee



The Finance Committee is in the process of preparing the Alpha Upsilon proposed budget for the coming year. The proposed budget is printed in this newsletter for your review. Please take a look and share any comments with any of the Finance Committee members. The budget

will be approved at the September meeting.

Finance Committee 2020 - 2021
Mary Lou Langedyke, Chairman
Norma Russel
Dianah Greenlees

School on Wheels



Hi Ladies,

Little did we realize that the world would turn upside down with a pandemic, unemployment, and civil unrest. Since we cannot predict the future, we are proposing that this year we **make monetary donations to School On Wheels**. An additional bonus of supporting this project through direct donations means your donation will be tax deductible.

*Since we will not be meeting in person, we are suggesting the following:

***Checks should be made out to School On Wheels.**

***It would be wonderful if we could give them \$1000 towards their technology goals.**

*Please send your donation checks to Kathy by October 1.

Kathy Cockerill,
3408 Markridge Rd.
La Crescenta, CA 91214

[School on Wheels Annual Report](#) was sent to Kathy this summer along with this message: "The way we serve our students may look a little different this year; still, our mission is the same. Watch Executive Director Charles Evans President of the Board Josh Fein talk about 2019 and the changes 2020 has brought and read messages from our students, parents, and volunteers. Your work as a tutor, donor, cheerleader, and advocate for kids devastated by homelessness is more important now than ever. Please read about the impact you have made in our annual report."

Thank you for your generosity and caring. If you have any questions, please contact:

Kathy Cockerill katsltr74@aol.com
Penny Schopflin schopflin@aol.com

Scholarship Anyone?

REMINDER!!



Through the Beebe Neutzman Endowment Fund (BNEF), funds are available for **members** to apply for scholarships to help with advanced degree or accreditation work. All you have to do is fill out a simple application. Let me know if you are interested.

Jean Chubb
Scholarship Chairman

Member Update



Dorie Canavan continues to heal as does **Mary Jane Hufstedler**. Cards to either or both would be greatly appreciated as they convalesce.

Dorie Canavan
1372 Post Rd. Unit B
Wells, Maine 04090

Mary Jane Hufstedler
12622 Amboy Ave.
Sylmar CA 91342

THAT



Summer is over, and that still means it's time to welcome you to a new school year and the opportunity to support your fellow educators through the **T**eachers **H**elping **A**nother **T**eacher (THAT) Program. THAT volunteer

activities allow us to remain connected to the field of education and continue to have a positive impact on students, fellow educators, and our local schools. Life may look very different this year, as most school districts have started their year with distance learning, but the need to help our teachers definitely still exists, perhaps more now than ever, as we all struggle with our new "normal."

Especially at this time of year, as teachers are finding their way through technology, organizing their Zoom classrooms, and determining the individual strengths and needs of their students, there are numerous ways that we can assist in volunteer capacities – from working directly with students online, to grading, and helping teachers with materials and activities.

For those of you on the frontlines, perhaps you can let me know some ways our retirees can assist you. If you send me some ideas, I would be happy to generate a list where the THAT Program can offer assistance. For those of us who are retired, or working part time, and have extra time on our hands, please share any information with me regarding a teacher, program, or school that you hear about that could use our help, or an idea you might have for volunteering our time.

Please keep track of the hours you spend in THAT activities.

<https://docs.google.com/forms/d/e/1FAIpQLSf4BD4SaHo50Oe1tgmZB3zX6d6Da4ETZdcP1zEAXkk491pQnw/viewform> You will need to record your hours by April 1, 2021 by clicking on:

The form is very easy to fill out. All you need to do is enter your name and volunteer information as well as Alpha Upsilon and Area XIII.

Have a great school year!

Karen Wilcoxon
THAT Chairman

Covenant House



Due to the COVID19 pandemic, Covenant House is still not able to accept toiletries donations right now. When COVID hit, over 80% of the youth lost their jobs. Many of them are still unemployed so they're all on the campus more and it is costing Covenant House even more to operate due to feeding more youth throughout the day, etc.

For anyone who may be interested in supporting them another way, they are accepting monetary donations. They also have an [Amazon Wish List](#). The Wish List directly helps the youth who are moving out. It is full of items to help make their first apartment even more of a home. A fundraiser is scheduled for September 12, 2020. It is a [virtual 4.2Cov Run](#) to raise critical funds that ensure Covenant House continues to provide safe shelter for youth facing homelessness. You can access either of these by simply clicking on the blue underlined links.

Thank you for your support!

Laura Strametz
Covenant House Chairman



News From Our Members!

Betsy Bazdarich: We are doing fine. Michael is working at his office and I am helping babysit once a week. I am reading and gardening when the weather allows. I have been going to Ventura to cool off often and taking Apollo, our 13 1/2 year old dog. I hope everyone is doing ok.

Shirley Sauvageau: Many of you may remember World Fellowship recipient Puspa Amri. She is now teaching International Economics at Sabina. Personally speaking, I'm great. They do everything they can to keep us involved here where I now live.

Judie Bakly: All is well here. Walt and I are staying busy. Fortunately I have had my yard to work in most days, except hot ones! I have read dozens of good books and done a lot of cooking. I have tried new recipes and some have been great and some no so! I have been watching Tricia Yearwood's cooking show as well as the Barefoot Contessa, I have a great easy recipe called Blistered Green Beans from the Pioneer Woman if anyone is interested.

We still doing business since we are considered "ESSENTIAL." Not as much as usual but some, thank goodness. Until the heat arrived I have been out, down to Orange County and up to Ventura. Grocery shopping is still the highlight of my going out and I do not do much. Walt is the grocery store guy. I go just to do something.

We have had two fun family gatherings in June and July for Father's Day and Walt's BIG birthday. Eating outside was great and it was fun having everyone here.

All our grandchildren are now in school online. Makenzie (19) at Pierce College and working; Warren (19) sophomore at Cal Berkeley with no water polo. The guys drive over to The City and workout in the Bay which is freezing compared to here. He has been coaching high school boys in Orinda. Grant is a senior at Mater Dei. Both with no water polo. At least they do get some workouts at the beach. This whole thing is getting old. Kids are frustrated not knowing from one day to the next what is happening.

Hope all is well with our members. Not seeing anyone is no fun!

Robin Williams: I'm doing fine but would kill for a haircut!! Mostly, I've been trying to finish sorting out the many photos and memorabilia left my parents and am working on decluttering my own closets and huge basement. Thank goodness for Zoom where weekly I have three "parties with friends", two hours with my granddaughters and 3 Yoga classes. At least twice a week I do "masked walks" with a friend. Still, there is a lot of down time where books and TV are my usually choices because my dog doesn't like jigsaw puzzles.

I'm looking forward to our virtual Alpha Upsilon meetings!

Jean Chubb: I'm fine, but like everyone, certainly miss the many activities and look forward to seeing everyone again! Zoom has worked for book group meetings as well as HOA Board meetings, but it's not the same. Have enjoyed visits with family members when possible, and will have a new addition to our family in December when my grandnephew & his wife welcome a baby boy. A very special Christmas present! Take care all!!



News From Our Members!

Willy Crouse: I'm thankful for having good health but I really am going stir crazy. I'm not used to sitting still. Most mornings I walk three miles and work in my yard/garden. I've read a lot, done puzzles, played games, cooked more meals and baked more than ever, cleaned and organized closets, and am now working on the garage.

I've been fortunate to spend time with immediate family; enjoying boating at Lake Arrowhead and spending beach time in Oceanside. It's been fun watching the grandkids learn a variety of water sports. We've also gone on local hikes spotting wild life along the trails. I escaped the So. CA area and went fishing at June Lake for a few days with my sister on her boat. Although the fishing wasn't too good, it was really nice to get out and also do some High Sierra hiking.

It's been challenging to practice safe distancing, wearing a mask and constantly washing hands since everything is touched by hands! But her, I do have all that to go to the grocery store in order to eat. I'm now helping my grandson in kindergarten manage virtual learning.

Karen Gollhardt: Besides working on DKG (hehe), I just finished a Nativity stained glass project. My husband and I were able to 'escape' to Oregon for a few weeks to visit our daughter and her family! Since we just got a new dalmatian puppy a month before, we had to take her along! Now that was an adventurous car ride!! My grandchildren love the Dodgers, so I made them their own 'fan cut-outs'! Unfortunately, they think they are actually in Dodger Stadium, but they are in my house (it was ten times cheaper to make my own - lol).



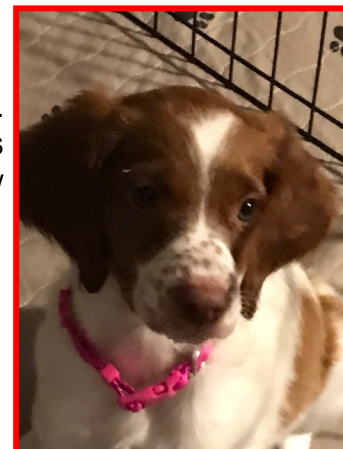


News From Our Members !

Marty Unger: Positive things have happened in our family in spite of the coronavirus. Our younger son and his wife, Tim and Matiana Unger, are expecting a baby boy in early to mid-December. He will be our second grandchild. August 1, 2020, Tim became the Interim Executive Director of the Rose Bowl Aquatics Center. We are hoping he will be named the permanent director. To say we're proud and happy would be an understatement!

My husband and I celebrated our 47th wedding anniversary in June and managed to celebrate in a restaurant, the one or two weeks that we could! That made up for a lack of birthday celebrations!

Mary Linda Vandeveld: My husband and I have been very busy with our newest addition, Millie. She is an 11 week old Brittany and keeps us on our toes. Millie bites everything including us, has been digging up the yard and taste testing all the plants. I suppose you would call that "good" puppy trouble. We love having such an adorable diversion!



Karen Wilcoxon: We are adjusting to our daily routine, and our new "normal." I am still working on organizing my garage, which is filled with my kids' school memorabilia, teaching materials, and thousands of photos. It's a slow, tedious process, but includes moments of joy as I relive some special memories. My husband and I walk every day, in the neighborhood, or at the Arboretum or the Huntington Gardens. How fortunate we are to have such beauty nearby!



I try to walk at least 5 miles every day. I am taking a few online exercise and Zumba classes, and have been enjoying some concerts on YouTube. In addition, I am doing a lot of cooking, experimenting more Instant Pot and slow cooker recipes, and think I might try an air fryer next. We meet up with our kids and grandkids at the park for picnic dinners, and look forward to the day when they can safely visit, and we can have a slumber party with our grandkids. I miss socializing with my friends, and going out to lunch, or to movies and theatre with them. I look forward to the time when we can all safely get together in person.



Pat Harris: The grands are going back to school the day after Labor Day—physically to school. My fear is that it won't last long and I will be overseeing them virtually or we will go to homeschool which is what I did for the twins last year from March on. They will be first graders and Enzo will be a 4th grader. Life would then be complicated along with overseeing my almost 93 year old mother's business affairs. We moved her into Assisted Living on March 2, and then the pandemic started a couple of weeks later and they went to lock down. She has not adjusted well. I drive down every three weeks to window visit with her. Dan and I often just drive down and come back in the same day unless there are other things to take care for. It is about 9 hours of driving. She is always so happy to see us and we are so happy to see her—it is worth every bit of time.



News From Our Members!

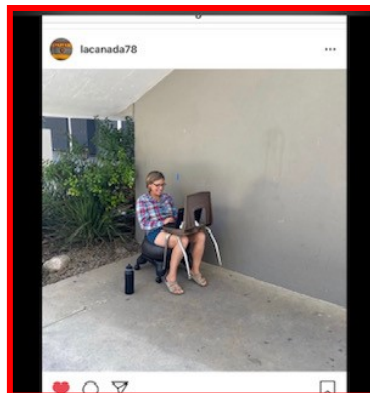
Liliana Castillo: I've been quite busy with the start of this new school year. Teaching incoming Kindergarteners remotely is quite a challenge but we are taking it all one day at a time. On a personal celebratory note, I got married in July! My husband Andrew and I had a beautiful and (very) private wedding ceremony at the Kim Sing Theatre in Chinatown.



Joyce Hamdan: I would like to share some wonderful news! On March 2nd, my daughter and her husband had twin girls. Abigail and Addison Gass were born at Huntington Hospital. These beautiful girls are their first children and my first granddaughters.



Christine Werner: With vacation plans canceled and our family home together, socially distanced beach trips and visits to a few new restaurants were the highlights this summer. I finished a couple quilts while also preparing for distance learning. Walking with friends, cooking and spending time with family have been especially comforting during these past months.



A glimpse of distance learning on campus when our building's power needed to be shut down!



News From Our Members!

Mary Lou Langedyke: The Langedyke's started a family tradition with my father-in-law when he turned 75. We wrapped 75 Snickers, his favorite candy, and sent them to him. My sister and her husband were visiting from New York and her son Bob and his family joined us from South Dakota. This was a fun activity for three little girls and it seems to have continued. Our son sent my husband, Bruce, 75 golf balls in January. In mid- August we drove up to Washington to visit with them and celebrate another family birthday. We extended our stay to enjoy the cool weather, while Los Angeles baked and we got to cat sit for a few days with Licorice, who I now think we call our Grand Cat!



The road trip was a COVID adventure and easier than we thought. I packed lunches, all kinds of cleaning supplies and was prepared for any emergency along the way. We were ready to camp if the hotel felt unsafe. We found clean restrooms on highway rest areas and needed to spend only one night each way in a hotel. Only needed one gas stop each way and in Oregon attendants pump the gas for you. It was nice to escape and go on an adventure. We enjoyed some wonderful hikes and just some nice family hanging out time.

Judy Kearns: Like all of you, this has been a most unusual spring/summer for the Kearns. Our April Danube River cruise was cancelled followed by the cancellation of our July Alaskan cruise. We just learned our January 2021 Panama Canal cruise has been cancelled. We have our fingers crossed for the May 2021 circumnavigation of the British Isles. As it turns out, it was a good thing the July cruise was cancelled because my husband, Paul, contracted Covid 19. He was in the hospital a total of 24 days. The doctors gave him the drug you may have heard of, Remdisivir. That combined with some steroids seems to have done the trick. After he tested negative twice, he was moved from the medical hospital, Foothill Presbyterian in Glendora, to the rehab hospital, Casa Colina in Pomona. We were very pleased with the care he received at both facilities. Interesting how the brain works to protect one. He has no memory of his pre-hospitalization or much of the first days of his actual hospital stay. I tell him things he did and he just shakes his head. He is doing remarkably well. Goes to therapy (physical, occupational, speech (for cognition)) two to three days a week. Pre-Covid he was walking two miles a day. He goes out with me in the morning to walk our cul-de-sac and has increased his time doing that from 5 minutes to 18 minutes this morning. So he is increasing in stamina daily.



Our grandson, Luca Livecchi, starts kindergarten August 31st. I can't imagine teaching kindergarten virtually. But Liliana Castillo has assured me it is more successful than even she had anticipated. So that gives Grandma hope! Our other grandson, Sawyer Kearns, started back to daycare two weeks ago. Our son, Chris, was home until Arcadia USD started up again (all virtually). So as part of the technology department Chris is only able to work from home one day a week now. His wife works from home all the time. But her new position necessitates her full attention and not the distraction of a 22-month old!!



Dianah Greenlees: Just returned from a nice visit with family in New Mexico. I will be staying mostly with my Mom in San Diego while this pandemic persists trying to keep her happy and healthy. Reading and listening to lots of books while I garden and do chores makes time pass quickly.

Carol Leining: While I have recovered from Covid, I still find my energy level is a bit low. It's coming back slowly though. I am also adjusting to being retired and developing a new rhythm to my days. I do a lot of reading, which is wonderful (!) and am in the middle of decluttering the house. I'm getting rid of a lot of old stuff which feels SO good! My husband, Ben, and I spend some time seeing our daughter and son-in-law and seeing friends (all at a distance, of course) to help alleviate the isolation. Upon my retirement we had hoped to start traveling to all manner of places, but that will have to wait. So, we're just trying to spend our days productively but enjoyably and not go stir crazy.



DKG California Communications/ Technology Committee



Save the Date!

presents a FREE one-day online technology workshop

Crossing Bridges with Technology

Saturday, October 17, 2020

9:00 a.m. – 1:30 p.m.

NO Fee: *Free! Free!! Free!!!*

WORKSHOPS MAY INCLUDE:

- Google Slides • G Suite Apps and Tools • Google Classroom •
 - Video Conferencing (Zoom/Google Meet) •
- Building a Beautiful Website • Social Media Tips •
 - Creating Eye-Catching Ads or Newsletters •

Registration opens September 1st

Treasurer's Report

DKG California State Organization

Treasurer's Report Alpha Upsilon Chapter July 1, 2020

BALANCE ON HAND: June 30, 2020			\$ 7,405.51
RECEIPTS:			
Active dues	40 x \$ 85	\$ 3,400.00	
Reserve dues	4 x \$ 50	200.00	
Interest		8.75	
Total Receipts for June			<u>\$ 3,608.75</u>
Total Available			\$ 11,014.26
DISBURSEMENTS:			
International dues—active	48 x \$ 40	\$ 1,920.00	
International dues—reserve	4 x \$ 20	80.00	
State dues—active	48 x \$ 24	1,152.00	
State dues—reserve	4 x \$ 10	40.00	
Scholarships	52 x \$ 1	52.00	
Publications	53 x \$ 2	106.00	
Insurance	53 x \$ 1	53.00	
Total Disbursements for June			<u>\$ 3,403.00</u>
BALANCE ON HAND: July 1, 2020			\$ 7,611.26



Alpha Upsilon: 2020-2021 Proposed Budget

	2020-2021	2020-2021
	Proposed	Actual
ANTICIPATED INCOME		
Member Dues:		
Active: 45@ \$85	\$4,080	
Reserve: 4@\$50	\$200	
Bank Interest	\$15	
LIFE (Buck a Book)	\$100	
BNEF Transfer	\$3,500	
Miscellaneous	\$500	
Total receipts	\$8,395	\$0
EXPENDITURES		
Member Dues		
International		
Active: 48@ \$40	\$1,920	
Reserve: 4 @ \$20	\$80	
DKG California		
Active: 48 @ \$24	\$1,152	
Reserve: 4 @ \$10	\$40	
DKG California Fees		
Scholarship 52@ \$1.00	\$52	
Insurance: 53@ \$1.00	\$53	
Publications: 53@ \$2.00	\$106	
Inductees: 5 @ 2.50	\$12.50	
Area XIII Assessment		
52 @ \$4.00	\$208	
Chapter Induction		
5 inductees @ \$15	\$75	
Programs		
Honorariums	\$300	
Meeting Supplies	\$550	
Conferences/Convention		
State Convention	\$2,000	
Area/Other	\$896	
Postage	\$150	
Printing	\$200	
LIFE Donation	\$100	
Miscellaneous	\$500	
TOTAL	\$8,395	\$0